

2025

8th Annual Chronic Pain Conference

October 10 – 12

AGENDA

The Hythe, Vail

715 West Lionshead Circle, Vail, CO 81657

800.648.072



**2025 CHRONIC PAIN CONFERENCE
AGENDA
OCTOBER 10-12, 2025**

FRIDAY, OCTOBER 10, 2025

12:15 PM *Welcome and Opening Remarks - Dr. Rachael Rzasa Lynn, President*

12:30-1:30 PM CME (1.0)

Dr. Meredith Barad – Treating Chronic Migraine: Integrating the Old and the New

Learning Objectives:

1. Refresh your knowledge on the epidemiology and diagnosis of chronic migraine
2. Update your knowledge in treatment modalities: medications, procedures and neuromodulation

1:30-2:30 PM CME (1.0)

Dr. Beth Darnall – Scaling Brief Behavioral Pain Treatment for Acute and Chronic Pain: Evidence and Implementation

Learning Objectives:

1. List two barriers to behavioral pain treatment.
2. Describe the efficacy evidence for a 1-session pain relief skills treatment in patients with chronic pain.
3. List two asynchronous (online, self-paced) behavioral treatments for patients with chronic pain.
4. Discuss how brief and online behavioral treatments can be integrated across acute, surgical, and chronic pain practice settings.

2:30-3:30 PM *Refreshment Break with Exhibitors*

3:30-4:30 PM CME (1.0)

Dr. Jason Williams – A Primer on Vertebral Compression Fractures and Vertebral Augmentation

Learning Objectives:

1. Review the basic epidemiology, presentation, diagnosis and outcomes of vertebral body compression fractures (VCFs).
2. Understand the principles and data in support of vertebral augmentation and the profound effect VA can have over conservative care.

4:30-5:30 PM CME (1.0)

Dr. Brent Van Dorsten - The Growing Epidemic of “Scientific” Misinformation, Academic Fraud, and Industry Influence on Medical Information

Learning Objectives: After the presentation, Audience will:

1. Demonstrate increased awareness of the multiple non-scientific influences on the current medical literature.
2. Be aware of the developing resources to identify non-scientific data releases which might alter clinical impressions.

5:30-6:00 PM CME (0.5)

Q&A / Discussion

6:30-9:30 PM *Non-CME Dinner Presentation*

SATURDAY, OCTOBER 11, 2025

6:30-7:30 AM *Breakfast*

7:30-8:00 AM *Colorado Pain Society Annual Business Meeting*

8:00-9:00 AM CME (1.0)

Dr. Fadel Zeidan – The effects and mechanisms supporting the modulation of chronic pain by mindfulness meditation and psychedelics, Part 1

Learning Objectives:

1. Identify the neural mechanisms supporting the modulation of pain by mindfulness meditation.
2. Identify the neural mechanisms supporting the modulation of pain by psychedelics.

9:00-10:00 AM CME (1.0) **Dr. Fadel Zeidan – Part 2**

10:00-11:00 AM *Morning Break with Exhibitors*

11:00 AM-12:00 PM CME (1.0)

Dr. Matthew Taylor – Invisible Injuries: Chronic Pain and the Ehlers Danlos Patient Experience

Learning Objectives:

1. Distinguish the key clinical features of the Ehlers Danlos (EDS) / Hypermobility Syndromes 2017 diagnostic criteria.
2. Implement knowledge of the current models of EDS pain etiology to generate strategies to reduce morbidity in EDS patients.
3. Consider adding your own knowledge.

12:00-1:00 PM CME (1.0)

Drs. Eric Shoemaker and Nikki Dority - Cervico-scapular Function, Dysfunction and Treatment

Learning Objectives:

1. Discuss multiple movement impairment syndromes and classifications of the cervico-scapular complex.
2. Discuss the neurophysiology of chronic pain.

1:00-4:00 PM - Break for Lunch and Outdoor Activities

4:00-5:00 PM CME (1.0)

Dr. Brent Van Dorsten – The Clinical Impact of Nocebo and Placebo Factors in Pain Psychology

Learning Objectives: After the presentation, Audience will:

1. Demonstrate increased awareness of both the magnitude and frequency with which placebo/nocebo factors influence pain psychology issues.
2. Be able to consider the potential use of placebo/nocebo factors when developing treatment options and treatment choice.

5:00-6:00 PM - *Cocktail Reception with Exhibitors*

6:00-7:00 PM CME (1.0)

Dr. Joshua Blum - Placebo and Nocebo Effects in Pain Medicine: What Every Clinician Needs to Know

Learning Objectives:

1. Tease out treatment from placebo effects in pain intervention studies.
2. Utilize techniques to maximize placebo and minimize nocebo responses.

7:00-8:00 PM CME (1.0)

Drs. Benson Pulikkottil and Lily Daniali – Creative Cutting-Edge Surgical Solutions for Challenging Peripheral Nerve Issues

Learning Objectives:

1. Understand Advances in Surgical Decompressions of Peripheral Nerves for Extremities and the Cranium for Chronic Pain and Migraine, respectively.
2. Understand Joint Denervation Procedures, Indications, and Outcomes.

8:00-8:30 PM CME (0.5)

Q&A / Discussion

SUNDAY, OCTOBER 12, 2025

7:00-8:00 AM ***Breakfast***

8:00-9:00 AM CME (1.0)

Dr. Larry Driver – Cancer Pain Care 2025

Learning Objectives:

1. Discuss interdisciplinary, multimodal cancer pain care.
2. Review pearls and pitfalls of various strategies for managing cancer pain.

9:00-10:00 AM CME (1.0)

Dr. Larry Driver – Whole Person Cancer Pain and Palliative Care

Learning Objectives:

1. Review the role of supportive palliative care for the cancer patient with advanced disease.
2. Describe pain and symptom management strategies for cancer patients.

10:00-11:00 AM ***Break with Exhibitors***

11:00 AM-12:00 PM CME (1.0)

Dr. Geralyn Datz - The Pain Resiliency Phenotype: An Evidence-Based Approach for Busy Practitioners

Learning Objectives:

1. Explain the clinical rationale for shifting from a pathology-focused model to a strengths-based approach in chronic pain care.
2. Recognize the neurobiological rationale for using psychotropic medications as a catalyst for resilience and functional recovery in chronic pain.
3. Develop a nuanced communication strategy for introducing these concepts in a way that aligns with an empowering, integrated approach to pain management.

12:00-12:30 PM CME (0.5)

Panel Q&A / Discussion

12:30-1:00 PM ***Giveaway Drawing, Closing Remarks - Dr. Rachael Rzasa Lynn, President***

Target Audience

This activity has been designed to meet the educational needs of pain management specialists, primary care providers with a clinical interest in pain management, psychologists, addiction medicine specialists, anesthesiologists, physiatrists, neurologists, surgeons, physician assistants, nurse practitioners, nurses, therapists, and healthcare professionals involved in the care of patients with acute and chronic pain.

Educational Objectives

After completing this activity, the participant should be better able to:

- Discuss how brief and online behavioral treatments can be integrated across acute, surgical, and chronic pain practice settings.
- Identify the neural mechanisms supporting the modulation of pain by psychedelics.
- Distinguish the key clinical features of the Ehlers Danlos (EDS) / Hypermobility Syndromes 2017 diagnostic criteria.
- Utilize techniques to maximize placebo and minimize nocebo responses.
- Recognize the neurobiological rationale for using psychotropic medications as a catalyst for resilience and functional recovery in chronic pain.
- Discuss multiple movement impairment syndromes and classifications of the cervico-scapular complex.

CME Credits

Maximum of 15.50 total CME

The amount of continuing education credit may change as content is reviewed/approved

This activity is jointly provided by Medical Education Resources, Colorado Consortium for Prescription Drug Abuse Prevention, and Colorado Pain Society



Accreditation for 3 Day Conference



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, this activity has been planned and implemented by Medical Education Resources (MER) and Colorado Pain Society. MER is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Interprofessional Continuing Education (IPCE) Credit



This activity was planned by and for the healthcare team, and learners will receive up to 15.5 Interprofessional Continuing Education (IPCE) credit for learning and change.

Physician Credit

Medical Education Resources designates this live activity for a maximum of 15.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nursing Credit

Medical Education Resources designates this live activity for a maximum of 15.5 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

Physician Assistant Credit



Medical Education Resources has been authorized by the American Academy of Physician Assistants (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for up to 15.5 AAPA Category 1 CME Credits. Physician Assistants should only claim credit commensurate with the extent of their participation.

Psychologist Credit



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ASSOCIATION

Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.

Medication Access and Training Expansion (MATE) Credit

Completion of this course will help satisfy the required hours of The Drug Enforcement Administration (DEA) CME requirements for the Medication Access and Training Expansion (MATE) Act.

American Board of Internal Medicine (ABIM) Maintenance of Certification (MOC) Credit



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 15.5 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Maintenance of Certification in Anesthesiology (MOCA) Credit



This activity contributes to the CME component of the American Board of Anesthesiology's redesigned Maintenance of Certification in Anesthesiology™ (MOCA®) program, known as MOCA 2.0®. Please consult the ABA website, www.theABA.org, for a list of all MOCA 2.0 requirements.

Disclosure of Relevant Financial Relationships

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