

2024

7th Annual Chronic Pain Conference

October 11 – 13

DRAFT AGENDA

The Hythe, Vail
715 West Lionshead Circle, Vail, CO 81657
800.648.072



**2024 CHRONIC PAIN CONFERENCE
DRAFT AGENDA
OCTOBER 11-13, 2024**

Friday, October 11, 2024

12:15 PM *Welcome and Opening Remarks - Dr. Scott Bainbridge, President*

12:30-1:30 PM CME (1.0)

Dr. Amy Wachholtz – Sleep and Pain

1:30-2:30 PM CME (1.0)

Dr. Drew Trainor – Peripheral and Spinal Cord Stimulation (Neuromodulation)

2:30-3:30 PM *Refreshment Break with Exhibitors*

3:30-4:30 PM CME (1.0)

Dr. Scott Bainbridge –

(1) Radiofrequency Ablation for the Treatment of Spinal Disorders

(2) The creation and evolution of the Multisociety Pain Workgroup (MPW)

4:30-5:30 PM CME (1.0)

Dr. Brent Van Dorsten – Battles for Hearts and Minds – How to Navigate and Interpret [the Spin of] Pain Literature

5:30-6:00 PM CME (1.0)

Panel Q&A with Dr. Trainor, Dr. Bainbridge, and Dr. Van Dorsten

6:30-9:30 PM *Non-CME Dinner Presentation*

Saturday, October 12, 2024

6:30-7:30 AM *Breakfast*

7:30-8:00 AM *Colorado Pain Society Annual Business Meeting*

8:00-9:00 AM CME (1.0)

Dr. Ramo Naidu (Interventional Pain) and Dr. Michael Eby (Spine Surgery)

Lumbar Discogenic/Vertebrogenic/Mechanical Instability Pain

Ramo Naidu (interventional pain medicine)

Pathophysiology, clinical presentation, and imaging hallmarks

Conservative management - brief

Basivertebral nerve ablation, intradiscal therapies (biologics and matrix/mechanical)

Michael Eby (spine surgery)

Fusion/fixation options

Surgical patient selection, decision making, execution, and pearls for the non-surgeon.

9:00-9:30 AM CME (1.0)

Collaborative Q&A / Discussion with Dr. Naidu and Dr. Eby

9:30-10:30 AM *Morning Break with Exhibitors*

10:30-11:30 AM CME (1.0)

Dr. Michael Eby and Dr. Ramo Naidu

Lumbar Spinal Stenosis

Ramo Naidu

Clinical presentation, imaging and patient selection

Conservative treatment options (PT, ESI, activity modification or aids, others) - brief

Interventional pain treatment options (PILD, Interspinous spacers, others)

Michael Eby

Surgical options: Patient selection, decision making (decompression +/- fusion/fixation), and pearls for the non-surgeon.

11:30 AM-12:00 PM CME (1.0)

Collaborative Q&A / Discussion with Dr. Eby and Dr. Naidu

12:00-3:00 PM - *Break for Lunch and Outdoor Activities*

3:00-4:00 PM CME (1.0)

TBD - Motivational Interviewing for the Non-Psychologist and Introduction to CBT Basics for the Non-Psychologist

4:00-5:00 PM - *Cocktail Reception with Exhibitors*

5:00-6:00 PM CME (1.0)

Dr. Tamara Stoner – Ketamine for Pain Management

6:00-7:00 PM CME (1.0)

Dr. Ben Marshall – EMG Basics, Indications, and Limitations

Sunday, October 13, 2024

7:00-8:00 AM *Breakfast*

8:00-9:00 AM CME (1.0)

Dr. Meredith Barad - Headache – Diagnosis and Management

9:00-10:00 AM CME (1.0)

Dr. Joshua Blum - Nuts and Bolts of Opioid Prescribing: Screening, Initiation, Monitoring, and Cessation

10:00-11:00 AM *Break with Exhibitors*

11:00 AM-12:00 PM CME (1.0)

Dr. Joshua Blum - Initiating, rotating/tapering, and perioperative management of buprenorphine for pain management

12:00-12:30 PM CME (1.0)

Panel Q&A / Discussion with Dr. Blum and Headache Speaker

12:30-1:00 PM *Giveaway Drawing, Closing Remarks - Dr. Scott Bainbridge, President*

16.00 total CME