



2023 6th ANNUAL CHRONIC PAIN CONFERENCE AGENDA
Includes CPS/Consortium Combined Pain/PCP Saturday Program
The Hythe, Colorado Ballroom, October 13-15, 2023

Friday, October 13, 2023

12:15 – 12:30 PM ***Welcome and Opening Remarks - Scott Bainbridge, MD, President***

12:30 - 1:30 PM CME Session 1

Ajay Vellore, MD – Neuroplasticity

Learning Objectives

1. Define neuroplasticity.
2. Understand how neuroplasticity changes clinical diagnoses.

1:30 – 2:30 PM CME Session 2

Keynote Speaker Yoni Ashar, PhD - Pain Reprocessing Therapy

Learning Objectives

1. Learn how to assess for primary (neuroplastic) pain.
2. Learn the basic principles of and evidence base supporting pain reprocessing therapy (PRT).

2:30 – 3:30 PM ***Refreshment Break with Exhibitors***

3:30 – 4:30 PM CME Session 3

Rachael Rzasa-Lynn, MD – Cannabinoids as Medicine, Part 1

Learning Objectives

1. Summarize pre-clinical evidence of the analgesic effect of cannabinoids.
2. Determine which pain conditions are most amenable to cannabis-based treatment based upon current evidence.

4:30 - 5:30 PM CME Session 4

Ken Finn, MD - Cannabinoids as Medicine, Part 2

Learning Objectives

1. Outline the endocannabinoid system and describe how expanded marijuana use has impacted overdose deaths.
2. Understand how cannabinoids may modulate pain pathways.
3. Describe public health impacts across a wide range directly related to expanded marijuana programs.
4. Describe the concerns regarding early onset use of marijuana on the developing brain, including in utero exposures.

5:30 - 6:00 PM CME Session 5

Q&A / Discussion

6:30 - 9:30 PM ***Non-CME Dinner Presentation***

Saturday, October 14, 2023

6:30 – 7:30 AM ***Breakfast - Mountain View Room***

7:30 – 8:00 AM ***Colorado Pain Society Annual Business Meeting***

8:00 - 9:00 AM CME Session 6

David Wong, MD - Where is Spine Healthcare Going?

Learning Objectives

1. Breakdown stakeholder motivations for the present direction of healthcare.
2. Explain the principles of Comparative Effectiveness Research (CER) used by healthcare decision makers to approve procedures and new technologies.
3. Formulate strategies to address restrictions in patient access to care.

9:00 – 10:00 AM ***Morning Refreshment Break with Exhibitors***

10:00 - 11:00 AM CME Session 7

J. Scott Bainbridge, MD - Diagnosis, Triage and Treatment of LBP w/wo Leg Pain

Learning Objectives

1. Describe the signs and symptoms of "red flag" spine conditions.
2. Discuss the triage and early management of lumbar disc and radicular pain.

11:00 AM - 12:00 PM CME Session 8

Ajay Vellore, MD – Treatment of Neuropathic Pain

Learning Objectives

1. Define neuropathic pain and identify clinical manifestations.
2. Understand how to treat neuropathic pain.

12:00 – 3:00 PM – ***Break for Lunch and Outdoor Activities***

3:00 - 4:00 PM CME Session 9

Joshua Blum, MD - Opioid Guideline Update with Added Legislative / Methadone Prescribing Updates

Learning Objectives:

1. Implement changes between the CDC's 2016 and 2022 guidelines into clinical practice.
2. Protect your patients and your practice by understanding the limitations of the guidelines.
3. Recognize and counsel patients regarding the risks of opioid weaning and discontinuation.

4:00 – 5:00 PM ***Afternoon Cocktail Reception with Exhibitors***

5:00 - 6:00 PM CME Session 10

Jonathan Clapp, MD – Non-Opioid Pain Management

Learning Objectives

1. Review non-opioid evidence-based treatments.
2. Discuss the importance of addressing psych comorbidities in pain.
3. Describe what complementary & alternative treatments are and what it means to practice “integrative” medicine.
4. Review evidence on medicinal cannabis.

6:00 - 7:00 PM CME Session 11

Brent Van Dorsten, PhD – Pain Psychology

Learning Objectives

Physician Resources of Managing Patients on Long-Term Opioid Medications

1. Summarize the history of the opioid crisis and adverse physician risks.
2. Review the range of clinical strategies that physicians might use to mitigate their liability in managing patients on long-term opioid medications.

7:00 – 7:30 PM CME Session 12

Q&A / Discussion

Sunday, October 15, 2023

7:00 - 8:00 AM ***Breakfast - Mountain View Room***

8:00 - 9:00 AM CME Session 13

Robert Valuck, PhD, RPh - Current State of the Crisis

Learning Objectives

1. Provide current data on the scope of the opioid crisis in the U.S. and Colorado, highlighting the emergence of fentanyl.
2. Discuss recent trends in opioid prescribing and outcomes, particularly with respect to pain management.
3. Give an overview of current legislation being proposed in Colorado to further address the crisis.

9:00 – 10:00 AM CME Session 14

Eric Shoemaker, DO - Sacroiliac Joint Pain is Not the Diagnosis - WHY Does Their SIJ Hurt?

Learning Objectives

1. Identify at least five contributing factors to the development and perpetuation of sacroiliac joint pain.
2. Identify at least five physical exam maneuvers to perform and at least five historical questions to ask in order to help identify a potential contributing factor to the development and perpetuation of sacroiliac joint pain in a patient who presents with probable SI joint pain.

10:00 - 11:00 AM ***Morning Refreshment Break with Exhibitors***

11:00 AM – 12:00 PM CME Session 15

Brent Van Dorsten, PhD – Cognitive Behavioral Therapy for OUD/SUD

Learning Objectives

1. Review psychosocial predictors associated with development of Opioid Use Disorder.
2. Summarize efficacy of CBT, MAT and combination therapies for Opioid Use Disorder.

12:00 - 12:30 PM CME Session 16

Q&A / Discussion

12:30 – 12:45 PM ***Giveaway Drawings & Closing Remarks - Scott Bainbridge, MD, President***

**16 hours total CME; 7 CME for Saturday's Consortium* sponsored PCP program
*Colorado Consortium for Prescription Drug Abuse Prevention**

14 hours (6 on Saturday) of this course will help satisfy the required 8 hours of The Drug Enforcement Administration (DEA) CME requirements for the MATE Act.

**Jointly Sponsored by
Medical Education Resources CME
Colorado Consortium for Prescription Drug Abuse Prevention
Colorado Pain Society**

This activity has been designed to meet the educational needs of pain management specialists, family practice physicians with a clinical interest in pain management, anesthesiologists, orthopedics, physiatrists, neurologists, surgeons, physician assistants, nurse practitioners, nurses, therapists and healthcare professionals involved in the care of patients with acute and chronic pain.



Center for Prescription Drug
Abuse Prevention

SKAGGS SCHOOL OF PHARMACY AND PHARMACEUTICAL SCIENCES
UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS



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