Pain and Opioid Management Resources
Compiled by Stephen Wright, MD¹, J. Scott Bainbridge, MD², and Jonathan Clapp, MD³
On behalf of the
Colorado Pain Society
And
Consultant: Medical Pain Management / Addiction¹
MindYourPain², Denver Back Pain Specialists²
Colorado Pain Consultants³

Pain / Opioid Management:
Colorado Consortium for Prescription Drug Abuse Prevention (CCPDAP) site
American Academy of Pain Medicine www.painmed.org
American Pain Society http://americanpainsociety.org/
Washington State Agency Medical Director’s Group

Guidelines for the Use of Opioids:
2014 CO DORA Policy for Prescribing and Dispensing Opioids document
2018 CO DORA Opioid Policy is now under public review and comment
Federation of State Medical Boards 2017 Guidelines for the Chronic Use of Opioid Analgesics
Colorado ACEP 2017 Opioid Prescribing and Treatment Guidelines document
CDC Guideline for Prescribing Opioids for Chronic Pain — United States, 2016 CDC Guideline

Pain Management and Opioid Prescribing Training and Educational Sites:
CCPDAP Provider Education site
SCOPE of Pain. Safe & Competent Opioid Prescribing Education https://www.scopeofpain.com/online-training/
The Dannemiller pain course: https://cme.dannemiller.com/dvd-usb/pain/
Academy of Integrative Medicine CME site
ECHO Pain site
Project ECHO (Extension of Community Healthcare Outcomes) site
Center for Personalized Education for Physicians: courses (CPEP)
American Board of Pain Medicine Safe Opioid Prescribing Examination

Substance Misuse / Medication Assisted Treatment Training:
Screening Brief Intervention Referral to Treatment (SBIRT): Health Teamworks Colorado
Medication Assisted Treatment:
SAMHSA Medication Assisted Treatment site
SAMHSA Buprenorphine for MAT site

Strategy and Position Papers:
IOM Relieving Pain in America document
Patient Reported Outcome Measures (PROM) / Substance Risk or Misuse Screening Tools:

PEG-3 for pain and function
PHQ-4 for depression and anxiety
PEG-3 article
Brief Pain Inventory (short form) document
PHQ-9 document
GAD-7 document
Pain Catastrophizing Scale (PCS) document
Clinically-Administered PTSD Scale for DSM-V (CAPS-5) site
Functional and Psychological Tests - DOWC QPOP

Opioid Risk Tool (ORT)
CAGE-AID
CRAFFT Brief Screening Tool for Adolescents
Drug Abuse Screening Test DAST-10
Detecting Substance Abuse and Dependence: Red Flags, and Risk Factors
DSM-5 diagnostic criteria for Opioid Use Disorder
Two-Item Conjoint Screening (TICS) scale
Screening Brief Intervention Referral to Treatment (SBIRT): Health Teamworks Colorado
Fagerstrom Test forNicotine Dependence
Alcohol Use Disorder Identification Test
Cannabis Use Disorder Identification Test - Revised
Severity of Dependence Scale (SDS) - for drugs
STOP-BANG sleep apnea questionnaire
Screener and Opioid Assessment for Patients with Pain (SOAPP) screener link
Clinical Opioid Misuse Measure (COMM) screener link
Addiction Behaviors Checklist

Substance Use / Management:

Colorado Prescription Drug Monitoring Program (PDMP)
Washington State Agency of Medical Directors Opioid Dose Calculator
Practical Pain Management Opioid MME Calculator

Medication Take Back and Disposal site
Colorado Household Medication Take-Back Program

Naloxone Nasal Instructions (with phone app download):
https://opirescue.com/

Controlled Substance Agreement Templates:
American Academy of Pain Medicine: Controlled Substance Agreement. 2013
COPIC Medical Guidelines and Tools (including opioid agreement) link to documents
Buprenorphine Maintenance Therapy Consent document
Example of Office-Based Opioid Treatment Policies

ASAM National Practice Guideline for the Use of Medications in the Treatment of Addiction Involving Opioid Use
Washington State Agency of Medical Directors Opioid Tapering Plan (and other resources)
Clinical Opioid Withdrawal Scale
Narcotics Anonymous  Alcoholics Anonymous  Pills Anonymous
SAMHSA: Medication Assisted Treatment website
Buprenorphine Treatment Practitioner Locator
Opioid Treatment Program (methadone) Directory
Depot Naltrexone Medical Provider Locator

HIPAA
42 C.F.R Part 2 - CONFIDENTIALITY OF SUBSTANCE USE DISORDER PATIENT RECORDS
National and state-by-state pain statutes & regulations
Drug Enforcement Administration: Office of Diversion Control
Food and drug Administration: Opioids
Center for Disease Control: Guideline for Prescribing Opioids for Chronic Pain 2016
Federation of State Medical Boards: Guidelines for the Chronic Use of Opioid Analgesics 2017
North Colorado Health Alliance: Opioid Best Practice Checklist 2016
Colorado Consortium for Prescription Drug Abuse
Colorado ECHO: Chronic Pain Disease Management Program
American Society of Addiction Medicine: ER/LA prescribing Providers Clinical Support Systems Opioids (PCSS_O)

Recommended Reading:
Books:
The American Pain Society's Principles of Analgesic Use 7th edition link
Bonica’s Management of Pain link

Comprehensive Treatment of Chronic Pain by Medical, Interventional, and Integrative Approaches: The AMERICAN ACADEMY OF PAIN MEDICINE Textbook on Patient Management link

The FSMB approved book, written by pain medicine specialist Scott M. Fishman, MD: Responsible Opioid Prescribing: A Clinician's Guide link

Additional References:


Methadone safety: a clinical practice guideline from the American Pain Society and College on Problems of Drug Dependence, in collaboration with the Heart Rhythm Society. 2014. Document


36 Kline 2017 Suicide anecdotes related to opioid reductions 2015-7

37 International Pain Foundation 2017 CDC opioid guideline outcome survey - iPain


