



# *QUAD-REGULATOR OPIOID POLICY*

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# *Policy for Prescribing and Dispensing Opioids:*

- In 2013, the misuse and abuse of prescription opioids became an epidemic in Colorado and across the nation.
- Collaboration of the Medical Board, Dental Board, Nursing Board, Pharmacy Board and Nurse-Physician Advisory Task Force for Colorado Healthcare.
- The joint Opioid Policy was adopted in June/July 2014.
- The policy provides *guidelines*, and does not set a standard of care for prescribers and dispensers.

# *Opioid Policy: Topics*

- Initiation of pain management - safeguards
- Collaborate with healthcare team
- Monitoring patient use and treatment agreements
- Patient education
- Discontinuation of Opioid Therapy
- Use of the Prescription Drug Monitoring Program (PDMP)

# Three “Bright Lines”

- Dosage: Opioid doses >120 mg morphine equivalents per day.
- Formulation: Extended release, long-acting, and transdermal products.
- Duration: Treatment exceeding 90 days.
- Purpose: *Ensure the dose and quantity of prescription opioids are appropriate to improve the function and condition of the patient.*

# *Medical Marijuana Policy*

- **Policy Regarding Recommendations for Marijuana as a Therapeutic Option- Issued November 19, 2015**
- **Wide Stakeholder feedback referencing Opioid Policy**

# *Contact Information:*

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